

GOT GENDER?

Improving trans awareness & competence for mental health providers by expanding psychological flexibility

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40%

of transgender people attempt
suicide in their lifetime

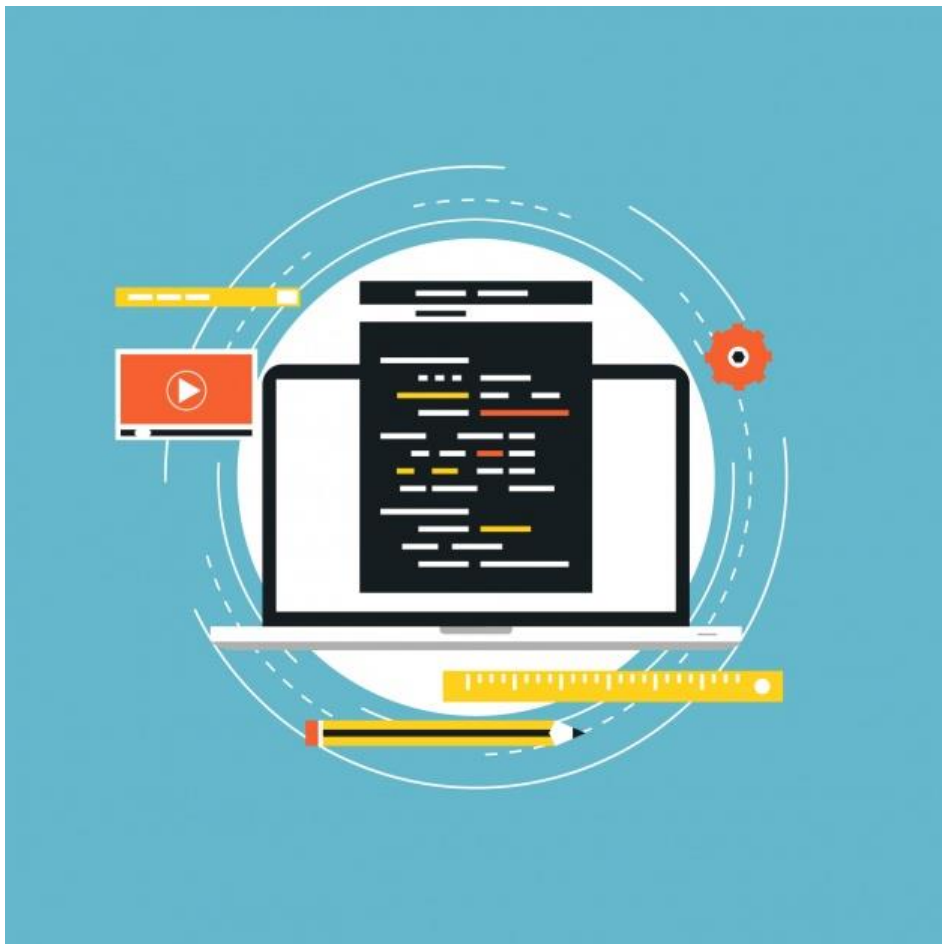
33%

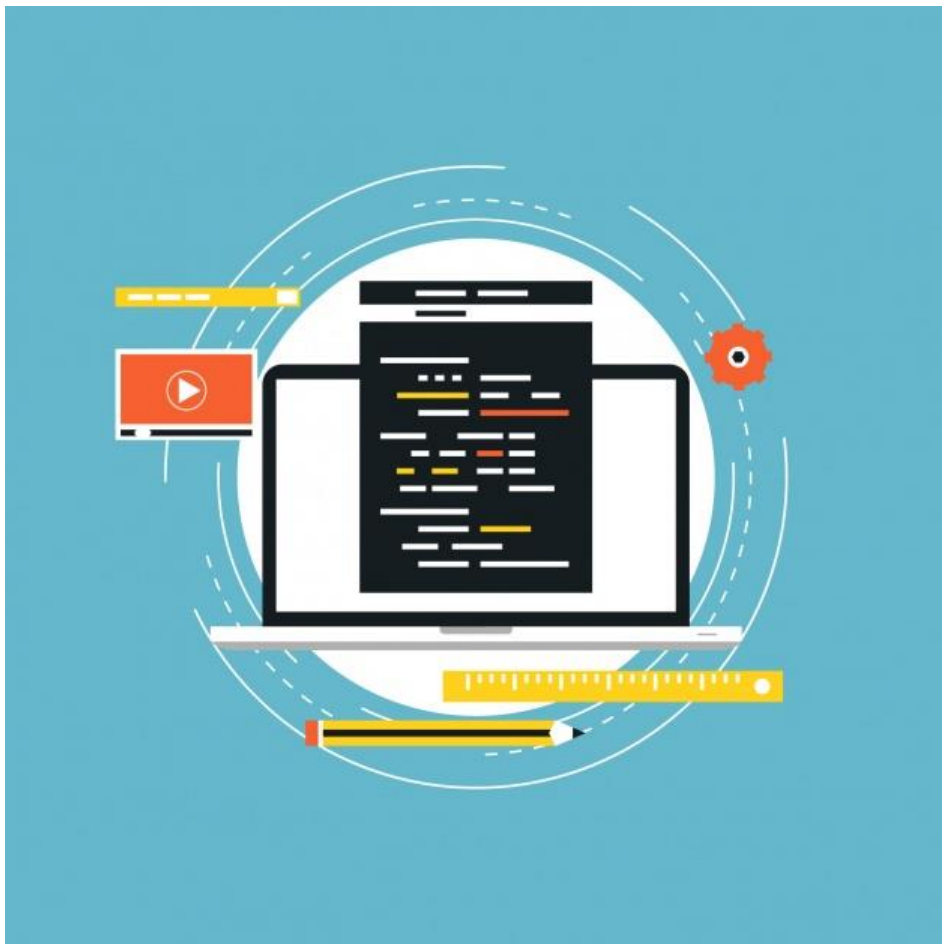
have been harassed or refused
care when seeking healthcare

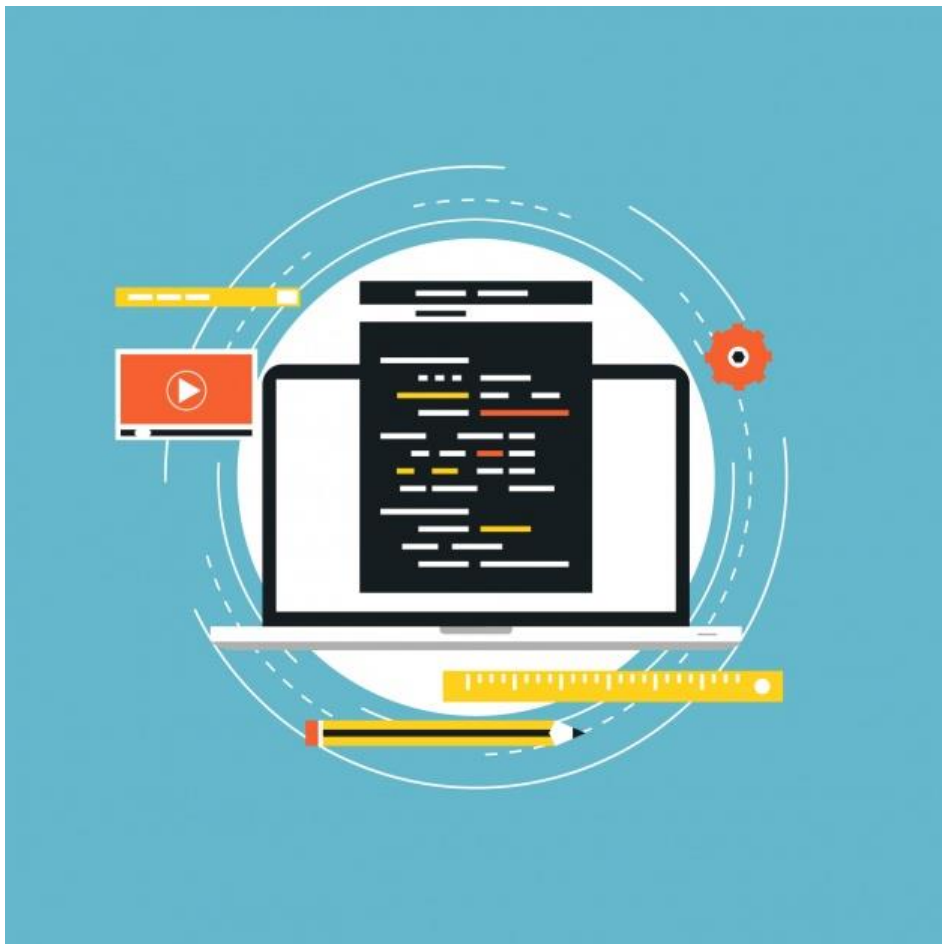










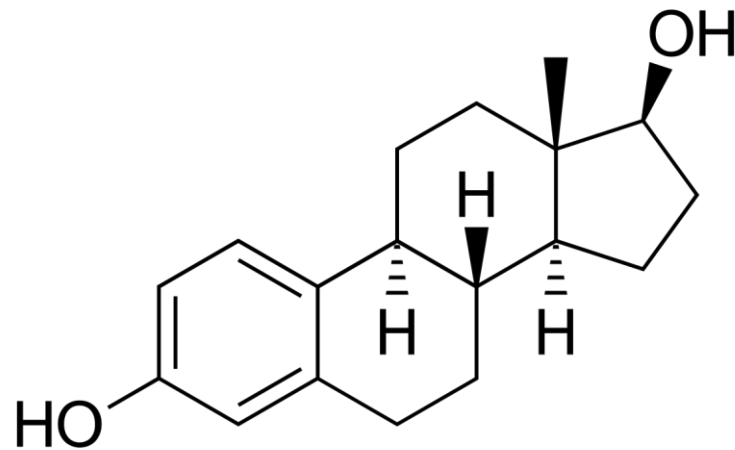
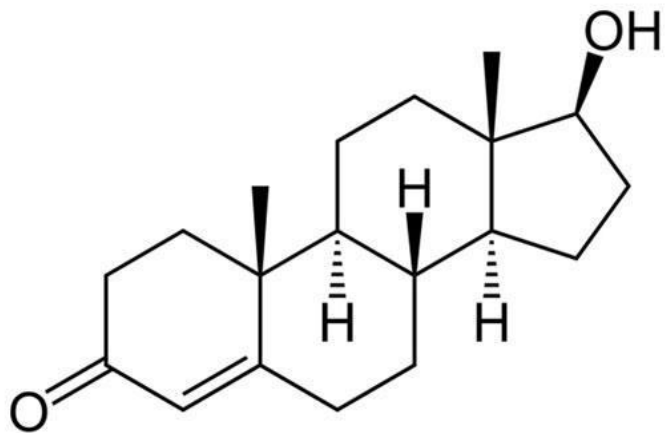




But...

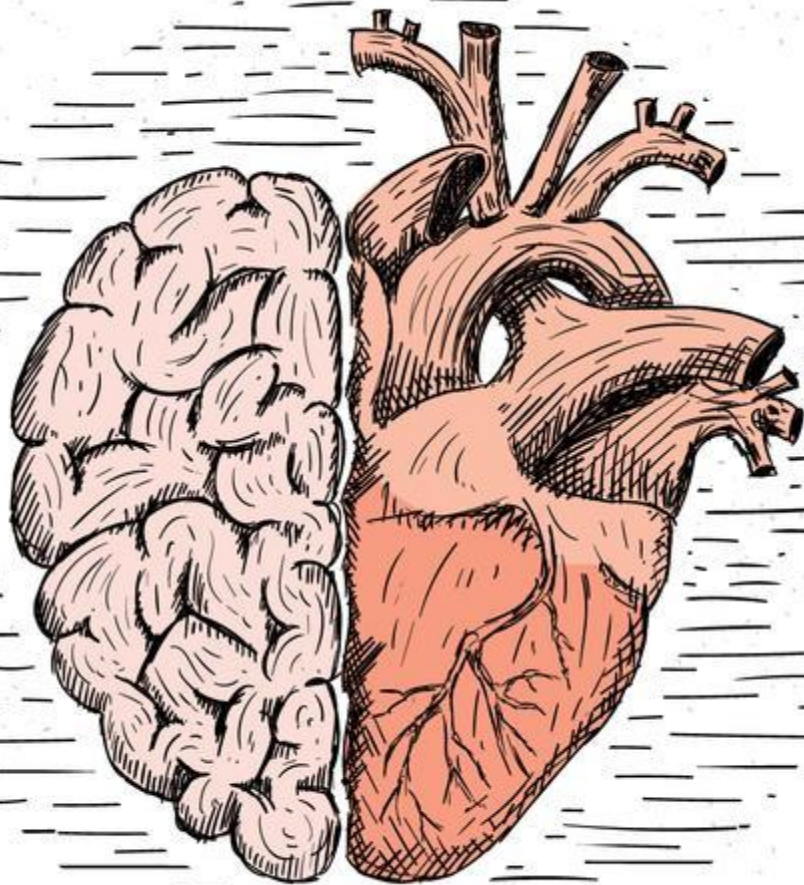


But...



But...





Sex Characteristics

vs

Gender Identity

vs

Attraction

height
mustache
hair
estrogen
brow
bones
jaw
hands
chest
shoulders
muscle
gametes
organs
xxx
xy
beard
chromosomes
fat
testosterone
hips
breasts
genitals
hormones

powerful
helpful
pretty
outward
masculine
mechanical
stoic
plain
loud
quiet
yielding
direct
sensitive
intuitive
submissive
decorated
guarded
empathetic
inward
assertive
emotional
handsome
feminine

FTM
agender
transmasculine
nonbinary
intersex
two-spirit
bigender
genderfluid
cissexism
transfeminine
MTF
gender-non-conforming
tomboy
cisgender
transmisogyny
genderqueer
neutrois
transphobia
trans
stud
drag

Improving Trans Awareness & Trans Competence for Mental Health Providers: an Experiential Workshop

- Immediately after the coffee break!
 - Rue Mansfield/Rue Sherbrooke